

# SWIMSUIT SEASON

## READY OR NOT— HERE IT COMES

by meredith knight | photos by karrie marak

*Lose Up To Nine Inches At Juvanew Medspa—  
With Non-Invasive, Pain-Free Laser Body Sculpting*

Ask sisters Autumn Waddle and Tabitha Penn if there was a little friendly competition between the two of them when they started losing pounds and inches—with the new Zerona™ body sculpting laser at Juvanew Medspa—and they laugh. “You know sisters,” Tabitha said. “Of course we each hoped to do a little better than the other.”

In the end, both women were winners. Autumn, who’d just had a baby and was reeling from the damage pregnancy had done to her body, still can’t get over the dramatic differences in her before and after pictures. “I lost nine inches and eleven pounds in only a few sessions,” she said. “My stomach is flat again and the cellulite has disappeared from the back of my legs. Who’s ready to go swimsuit shopping?”

Her sister, Tabitha, has one dilemma though. “Before I lost seven pounds and three and a half inches, I bought myself a rather expensive pair of jeans,” she said. “Now they’re too big for me. My question is: Can I bring them back?” Tabitha, that’s a quandary many of us would love to be in.

Zerona™ Low-Level Cold Laser is the latest and greatest technology available at Juvanew Medspa at The Harbor in Rockwall. Under the guidance of Medical Director Victoria Smithers, M.D., Registered Nurse Terry McBay, Certified Laser Technician Amanda Byrd and their staff of aesthetic professionals, both men and women are achieving similar results.

Amanda experienced astounding results with only six 40-minute Zerona sessions. “I said good-bye to three pant sizes, fourteen pounds and six unwanted inches,” she said. “Zerona has helped me achieve a leaner look just in time for summer.”

### ZERONA™ LOW-LEVEL COLD LASER

If you’re feeling anxious about the idea of baring it all in a swimsuit this summer—feeling like your body just isn’t ready—you’ll be more than thrilled to hear about this non-invasive, pain-free, cold laser that helps you eliminate unwanted bumps and bulges from your waist, hips and thighs with little time out of your busy life.

Here’s how it works. Simply schedule six sessions over a two-week period. Don’t worry about arranging time off from work to recuperate. You won’t need it. Each session consists of 20 minutes on the front side of your body and 20 minutes on the back during which you’ll feel nothing—in fact, many of their clients take a nap with their iPod® during the procedure—and when it’s over, you can return to your normal activities.



According to the Zerona™ Web site ([www.myzerona.com](http://www.myzerona.com)), this low-light laser technology utilizes the Erchonia® LipoLASER™, the safest and most extensively researched low-level laser in the world, applied externally to emulsify fatty tissue which is then eliminated through the body's natural detoxification process.

Zerona® Low-Level Cold Laser was featured on the hit CBS program "The Doctors" on Monday, April 27. But why watch someone else's success story when you can call Juvanew Medspa at **214-771-4611** for a free skincare or body sculpting consultation and enjoy your own success story in plenty of time to hit the beach and pool this summer?

Then you can join Terry, Amanda and their staff on their favorite day of the week. "There's nothing like Measurement Day. That's when we get to tell our clients the number of pounds and inches they've lost and share their success with them," Amanda said. "Helping clients jump-start their goals—whether it's getting their bodies in shape for summer, eliminating unwanted hair or spider veins or helping them renew, revive and revitalize their skin—the most satisfying part of our jobs is helping people feel better about themselves."

You can visit **Juvanew Medspa** at the Harbor (2091 Summer Lee Drive, #101 in Rockwall) anytime Monday through Saturday between 10 a.m. and 6 p.m. You may also visit their Web site at: [www.juvanew.com](http://www.juvanew.com), for additional information about the Zerona™. ®

### ADDITIONAL SERVICES INCLUDE:

- Body Sculpting
- Laser Hair Removal
- Wrinkle Reduction
- Acne Care
- Age Spot Treatments
- Rosacea Treatments
- Laser Wart Removal
- Laser Spider Vein Treatments
- Dermaplaning
- Medical-Grade Microdermabrasion
- Pure Acid Chemical Peels
- "Not Just Another Pretty Facial" Treatments



## Ask About These Juvanew Medspa Spring Specials

### MICRODERM MONDAYS

*Half Price Microdermabrasions*

### MAY SPECIAL

*Buy a Clarisonic® PRO Brush, Receive a Free Facial*

